

CARTERET COUNTY DEPARTMENT OF HUMAN SERVICES

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For Immediate Release

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Carteret County COVID-19 Additional COVID-19 Confirmed Case Reported Press Release #30

Carteret County, NC – On March 31, 2020, Carteret County received another confirmed positive case for a total of 12 confirmed cases of COVID-19 in the County. Carteret County medical providers, including the Health Department, have collected specimens for COVID-19 testing for 239 patients resulting in 12 positive confirmations, 113 negative results and 114 pending test results. Of the 12 confirmed cases, 8 of those patients have recovered and have satisfied the NC Department of Health and Human Services (NCDHHS) isolation requirements. The Health Department expects to see more positive cases given the amount of pending tests.

The case count reflects only those patients who have been tested for COVID-19. Based on the updated testing guidance by the NCDHHS, persons with mild illness (e.g. fever and cough without shortness of breath or difficulty breathing) are being asked to treat their symptoms at home and to self-isolate. The NCDHHS guidance is sent to all local health departments and medical providers in NC. Since a lot of people will have mild illness and will not be tested by their doctor, we know the confirmed counts do not accurately reflect the number of actual COVID-19 cases in the community.

Carteret County urges the public to remain vigilant in slowing the spread of COVID-19, and employ social distancing measures, eliminate unnecessary travel in and out of the County, and practice preventive measures to protect your family and our community.

To stay up-to-date on COVID-19 in North Carolina, visit ncdhhs.gov/coronavirus or call the Citizens Inquiry Hotline at 252-728-7060.

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