

## DIABETES MANAGEMENT PROGRAM

### ARE YOU DIABETIC OR PRE-DIABETIC?

**Enroll in NCLM's Diabetes Management program today for free diabetes supplies, a bonus and more!**

The Health Benefits Trust's Diabetes Management Program, offered through HealthMapRx, is a valuable resource for diabetic and pre-diabetic members. This voluntary program keeps you healthy and in control. Through Diabetes Management, you will receive:

**Health coaching**

A personalized Pharmacist Care Manager will meet with you throughout the year for consultation and assistance.

**Help with expensive medications**

Co-pays are 100% covered for condition-related preferred medications through this program.

**Awards**

Complete the program, and employees will earn \$120 per year.

**Enrolling is Easy! Three Options to Get Started**

1. Enroll online at <https://www.ppcn.org/nclm.html>
2. Fax or scan/email completed Participant Information Form to PPCN
3. Contact Jessica Bridges, PPCN Health Promotions  
p: (704) 618-7719  
f: (877) 888-787  
e: [jessica.bridges@emailmm.com](mailto:jessica.bridges@emailmm.com)

**To be eligible, you must meet these two simple requirements:**

Covered under your employer's NCLM Health Benefits Trust medical plan

Take medication for diabetes or pre-diabetes

